

LEGAL ASSISTANCE & MEDIATION

Bay Area Legal Aid **800-551-5554**
Legal advice line for low-income residents

Katharine & George Community Law Center.....**408-288-7030**
1030 The Alameda, San Jose
Free legal services for low-income individuals; workers’ compensation and immigration

Law Foundation of Silicon Valley**408-293-4790**
4 N. 2nd St., Ste. 1300, San Jose
Fair Housing Law Project, discrimination and legal advocates

Pro Bono Project.....**408-998-5298**
Free community legal clinics and consultations in San Jose, Sunnyvale and Mountain View

Project Sentinel**408-720-9888**
1490 El Camino Real, Santa Clara
Tenant/landlord mediation, mortgage counseling and foreclosure prevention

Senior Adult Legal Assistance (SALA).....**408-295-5991**
1425 Koll Cir., Ste. 109, San Jose
Free for elders in Santa Clara County

PARENT EDUCATION

Bill Wilson Center**408-243-0222**
Offers classes to parents of youth ages 12-17

Center for Children and Youth.....**650-688-3040**
Provides parent education, parenting workshops, parent coaching and therapy

Children’s Health Council**650-688-3625**
Parenting classes, support and coaching

Hand in Hand**650-322-5323**
Parenting groups and parent books

Latinx Parenting**714-386-9108 / latinxparenting.org**
Family education and support

Parents Helping Parents..... **408-727-5775**
Support and guidance for families raising children and adults with special needs

PUBLIC SAFETY

Police • Fire • Ambulance.....**911**

NON-EMERGENCY NUMBERS

California Highway Patrol **408-961-0900**
City of Sunnyvale Public Safety **408-730-7100**

GANG INTERVENTION/PREVENTION

California Youth Outreach **408-280-0203**
Leadership development and services for adults and youth 18 and over

Catholic Charities of Santa Clara County..... **408-468-0100**
Individual and family support, mediation and crisis response

Clean Slate Youth Intervention**408-794-1660**
Removal of gang-related tattoos and other intervention services

New Hope for Youth **408-622-8301**
Provides educational programs, individual and family care to all gang impacted as well as at-risk youth

NEIGHBORHOODS

City of Sunnyvale Emergency Preparedness..... **408-730-7190**
Sunnyvale Code Enforcement**408-730-7610**
Information about city ordinances, code enforcement and regulations

Sunnyvale Community Resources **408-730-7599**
Neighborhood association support and special event permits

SENIOR ADULT SERVICES

Sourcewise**408-350-3200**
3100 De La Cruz Blvd., Ste. 310, Santa Clara
Senior employment, Meals on Wheels and care management

Sunnyvale Community Services**408-738-4321**
1160 Kern Ave., Sunnyvale
Financial and food aid for Sunnyvale seniors and families

Sunnyvale Senior Center **408-730-7360**
550 E. Remington Drive, Sunnyvale
Resources, activities and lunch for adults 50+

Sunnyvale Senior Nutrition Program.....**408-739-0833**
535 Old San Francisco Road, Sunnyvale
Hot meals for seniors

COUNSELING/MENTAL HEALTH

Bill Wilson Center**408-243-0222**
3490 The Alameda, Santa Clara
Counseling for families, groups and individuals of all ages

Community Health Awareness Council (CHAC).....**650-965-2020**
590 W. El Camino Real, Mountain View
Counseling and support services for children, youth and adults

Community Solutions **408-225-9163**
5671 Santa Teresa Blvd., Ste. 202/203, San Jose
Assistance with mental health, trauma abuse, domestic violence and human trafficking

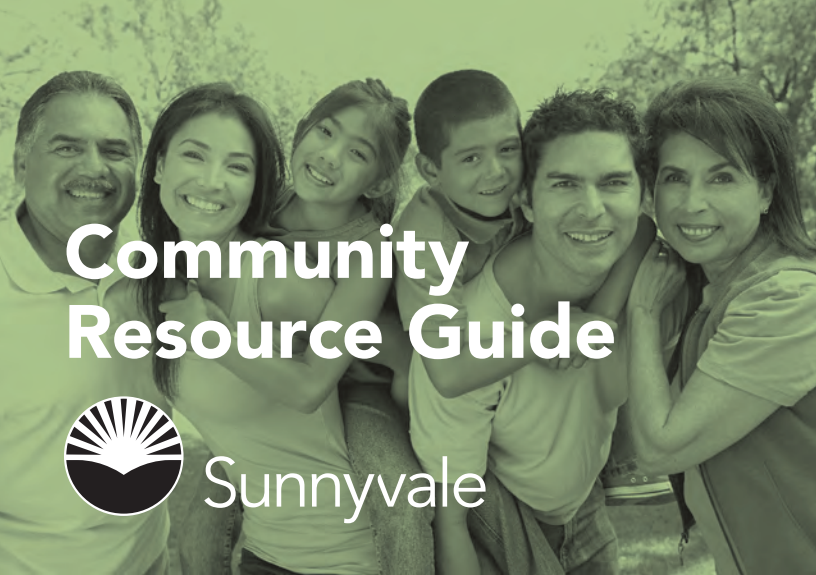
KARA..... **650-321-5272**
457 Kingsley Ave., Palo Alto
Grief counseling and support

Lighthouse of Hope Counseling Center..... **408-716-8101**
1515 Partridge Ave., Sunnyvale
Counseling services for individuals, couples and families, including parenting education

National Alliance for the Mentally Ill..... **408-453-0400**
1150 S. Bascom Ave., Ste. 24, San Jose
Mental health illness support, education and advocacy

Valley Health Center.....**408-992-4800**
660 S. Fair Oaks Ave., Sunnyvale

YWCA Counseling Services **408-295-4011 Ext. 259**
375 S. 3rd St., San Jose
Individual and family counseling; intake and information line



EMPLOYMENT

NOVA Job Center **408-730-7232**
505 W. Olive Ave., Ste. 550, Sunnyvale
Career development services and job search assistance for adults and youth

YOUTH SERVICES

CHILD CARE

Child Care Resource and Referral Agency (R&R) **669-212-KIDS (5437)**
1290 Ridder Park Dr, San Jose
Information for families to access high-quality early care and education
Child care provider support

City of Sunnyvale Youth and Family Resources.....**408-730-7800**
785 Morse Ave., Sunnyvale
Child care referrals and provider support in Sunnyvale
Low-cost fees and scholarships available for qualified youth

Community Child Care Licensing**408-324-2148**
280 N. First St., Ste. 300, San Jose
Issues state licenses to family child care homes and child care centers

My Child Care Plan California **mychlidcareplan.org**
Statewide child care database and resources
800-543-7793
for parents and providers.

FOSTER/ADOPTIVE CARE

Help One Child..... **888-KID-HOPE (543-4673)**
858 University Ave., Los Altos
Free support and resources for foster, foster-adopt and kinship care

Kinship, Adoptive & Foster Parent Association**408-501-6365**
Foster care services for Santa Clara County

Santa Clara County Social Services.....**408-501-6300**
Department of Family & Children’s Services
373 W. Julian St., San Jose
Foster parent services and recruitment

CHILDREN & TEEN SERVICES

Columbia Neighborhood Center **408-730-7800**
785 Morse Ave., Sunnyvale
Parent education, recreation and enrichment activities for youth and families

Family Resource Centers by First 5
777 San Miguel Ave., Room K5, Sunnyvale..... **408-522-8200 Ext. 1890**
1054 Carson Drive, Room 15, Sunnyvale..... **650-967-4813**
Parent education for parents of children ages 0-5, early literacy programs and enrichment activities

Kid Power **kidpower.org / 800-467-6997**
South Bay Office, 51 E. Campbell Ave., Ste. 129-1152, Campbell
Personal safety education for all ages

Northwest YMCA **408-257-7160**
20803 Alves Drive, Cupertino
Fitness and recreation classes for all ages

Sunnyvale Community Center.....**408-730-7350**
550 E. Remington Drive, Sunnyvale
Recreation classes and activities for all ages
Low-cost fees and scholarships available for qualified youth

Sunnyvale Public Library **408-730-7300**
665 W. Olive Ave., Sunnyvale

SOCIAL SERVICES

Social Services Agency County of Santa Clara**408-758-3600**
1330 W. Middlefield Road, Mountain View
Apply for CalWORKS, Calfresh, general assistance and Medi-Cal

Social Security Administration.....**800-772-1213**
701 N. Shoreline Blvd., Mountain View

Veterans Services Office**408-918-4980**
68 N. Winchester Blvd., Santa Clara

SPECIAL NEEDS RESOURCES

City of Sunnyvale Therapeutic Recreation **408-730-7359**
Recreation programs for youth, teens and adults with disabilities

Inclusion Support Warm Line **408-453-6651**
Support, information and referrals for children with special needs or disabilities

Parents Helping Parents..... **408-727-5775**
Empowering, supporting and educating families and communities of children and adults with special needs

San Andreas Regional Center.....**408-374-9960**
Early intervention, case management and services for people with developmental disabilities

HOUSING & SHELTERS

Bill Wilson Center (Youth ages 11 – 24)**408-243-0222**
Emergency shelter, food, clothing and transitional housing

HomeFirst.....**408-294-2100**
2011 Little Orchard St., San Jose
Emergency shelter for adults

LifeMoves.....**650-685-5880**
260 Commercial St., San Jose (For women and children) **408-271-1630**
358 N. Montgomery St., San Jose (For adult men)..... **408-271-5160**
546 W. Julian St., San Jose (For adult women and men
with mental health needs) **408-271-0820**
Housing and services for homeless families and individuals

MidPen Housing.....**650-356-2900**
Assisted rental housing for low- and moderate-income families, seniors,
single adults and people with special needs

DOMESTIC VIOLENCE/
CHILD AND ELDER ABUSE

Adult Protective Services.....**408-975-4900**
Santa Clara County adult/elder abuse reporting hotline

Asian Women’s Home.....**408-975-2739**
Support programs, emergency shelter and 24/7 crisis hotline

Child Protective Services**408-299-2071**
Santa Clara County child abuse reporting hotline

Community Solutions**408-225-9163**
For children, families and individuals

Institute on Aging / Friendship Line **800-971-0016**
Support for depression, isolated and suicidal older adults

Next Door Solutions to Domestic Violence.....**408-279-2962**
Hotline and support for victims of domestic violence (24/7)

Silicon Valley SafeChat **SafechatSV.org**
Support for domestic violence victims via internet chat

Victim-Witness Assistance Program**408-295-2656**

YWCA Golden Gate Silicon Valley.....**800-572-2782**
Counseling, shelter and children’s services for victims of domestic violence,
sexual assault and human trafficking (24/7)

DRUGS / ALCOHOL / POISON CONTROL

Al-Anon/Alateen Family Groups **408-379-1051**
Support for relatives and friends of alcoholics

Alcoholics Anonymous..... **408-374-8511**
Help line for Santa Clara County (24/7)

Center for Substance Abuse Treatment**800-662-HELP (4357)**
U.S. Department of Health and Human Services

Narcotics Anonymous.....**408-998-4200**
Hotline for meeting times and locations

Poison Control Action Line..... **800-222-1222**
California Poison Control System for poison prevention and poison emergencies

FOOD

CalFresh **877-847-3663**
The CalFresh Program helps individuals and families with little or no income to buy food

Our Daily Bread **408-736-4108**
St. Thomas Episcopal Church – 231 S. Sunset Ave., Sunnyvale
Mon, Wed, Fri, 11 a.m. – 12:30 p.m. Free hot lunch; open to all

Sacred Heart Community Service **408-278-2160**
1381 S. First St., San Jose
Free daily meals

Salvation Army.....**408-720-0420**
1161 S. Bernardo Ave., Sunnyvale
Emergency food, clothing and financial assistance

Second Harvest Food Bank of Santa Clara County**800-984-3663**
Free food for low-income individuals and families

Sunnyvale Community Services**408-738-4321**
1160 Kern Ave., Sunnyvale
Financial assistance, food and social services for Sunnyvale residents

Women, Infants and Children (WIC) Supplemental Nutrition Program **888-942-9675**
Health and nutrition program for low-income pregnant women and their
young children

HOSPICE CARE

Centre for Living with Dying.....**408-243-0222**

Hospice of the Valley.....**408-559-5600**
4850 Union Ave., San Jose

Pathways Home Health and Hospice **888-755-7855**
585 N. Mary Ave., Sunnyvale

IMMIGRANT SERVICES

Catholic Charities of Santa Clara County**408-944-0691**
2625 Zanker Road, Ste. 201, San Jose
Assistance with citizenship applications, interview preparation, ESL and
refugee services

Immigration and Citizenship Program (ICP)**408-534-5451**
701 Vine St., San Jose
Provides immigrant integration services in various languages

La Raza Centro Legal..... **415-575-3500**
474 Valencia St., Ste. 100, San Francisco
Free legal services pertaining to immigration, housing and employment

SIREN: Services Immigrant Rights & Education Network**408-453-3017**
1415 Koll Cir., Ste. 108, San Jose
Immigrant legal resources, workshops and policy advocacy

US Citizenship & Immigration Services Information Line**800-375-5283**
Information on visas, permanent residence and citizenship

HEALTH & DENTAL SERVICES

Medical for Families Information Line**888-244-5222**
Enrollment assistance for children’s health insurance

Planned Parenthood**650-948-0807**
225 San Antonio Road, Mountain View
Reproductive and general health care services

Ravenswood Family Health Network
785 Morse Ave., Sunnyvale **408-746-0455**
900 Miramonte Ave., 2nd Floor, Mountain View **650-965-3323**
270 Grant Ave., Palo Alto **650-327-8717**
Affordable, sliding scale fee for health services for children and families

Santa Clara County Better Health Pharmacy**408-794-0564**
725 E. Santa Clara St., Ste. 202, San Jose
Medications for all with a valid prescription

Santa Clara County Social Services..... **877-962-3633**
Medi-Cal enrollment assistance

Santa Clara Dental Line**408-808-6102**
No-cost or low-cost dental services for adults and children

Santa Clara Family Health Plan **877-688-7234**
Enrollment assistance for public health insurance such
as Healthy Kids

Teen Health Van Lucile Packard/Stanford **650-736-7172**
Health services for uninsured and homeless youth ages 10-25

Valley Connection **888-334-1000**
Medical clinics in Sunnyvale, San Jose, Gilroy and Milpitas
Prenatal, pediatric and health services available at low-cost

Western Dental Kids..... **408-701-5882**
897 W. El Camino Real, Sunnyvale
Medi-Cal and most insurance plans accepted

HOMELESS RESOURCES

Dignity on Wheels **dignityonwheels.org**
Mobile laundry and shower services for homeless community
Visit website for locations and schedules

LifeMoves.....**650-853-8672**
33 Encina Ave., Palo Alto
Services for single adults (food, clothing, laundry/shower, case management)

Lighthouse of Hope**408-598-2030**
1515 Partridge Ave., Sunnyvale
Help find appropriate housing, jobs and other community resources for
the unhoused

Valley Homeless Healthcare Program..... **408-510-7543**
2011 Little Orchard St., San Jose
Medical mobile unit for homeless individuals

REFERRAL & CRISIS LINES

211 of Santa Clara County.....**211**
Referral to a full range of health, community disaster services and
human services

988 Suicide & Crisis Lifeline (24/7)..... **988 (available for txt)**

Alzheimer’s Association Help Line (24/7)**800-272-3900**

Anti-Hate Hotline **408-279-0111**
CONTACT Cares for discrimination reporting

Bill Wilson General Crisis Line.....**408-850-6125**
People experiencing loneliness, grief, depression, stress or anxiety

Bill Wilson Parental Stress Hotline**408-279-8228**
Phone counseling for parents experiencing depression, grief and stress (24/7)

CalHOPE.....**833-317-HOPE (4673)**
Delivers crisis support for communities impacted by Covid-19

CDC Info.....**800-232-4636**
Answers to health and safety topics

LGBT National Youth Talkline..... **800-246-7743**
For people aged 25 and younger

LGBT National Hotline..... **888-843-4564**
For all ages

National Center for Missing and Exploited Children...**800-843-5678**
Report a sighting of a missing child, report a missing child or request
safety information

National Human Trafficking Hotline **888-373-7888**

National Runaway Hotline.....**800-RUN-AWAY (786-2929)**
Serving runaways, homeless and at-risk youth and their families

Rape Crisis Hotline**408-287-3000**
YWCA Rape Crisis Center (24/7)

Sexual Assault, Domestic Violence and Human Trafficking Crisis Line (24/7) **877-363-7238**

Silicon Valley American Red Cross**877-727-6771**
2731 N. 1st St., San Jose
Disaster prevention and relief

Suicide and Crisis Services of Santa ClaraCounty**855-278-4204**
Multilingual counselors for emotional support and crisis intervention (24/7)

Text Crisis Line (24/7)..... **Text 741741**
Free text line for people of any age in crisis

TRANSPORTATION

SamTrans & Caltrain..... **800-660-4287**
Commuter rail between San Francisco, San Mateo and Santa Clara counties

Santa Clara Valley Transportation Authority (VTA) ...**408-321-2300**
Bus and light rail service within Santa Clara County

VTA Access Paratransit Service.....**408-321-2380**
Low-cost paratransit for senior adults and people with disabilities